

**ACTIVITIES**

1. Half-fill a test tube with lime water and breathe into it through a drinking straw. What happens to the lime water? Can you explain this?
2. Dissolve a disclosing tablet into your mouth. Swirl it around your teeth with your tongue for about half a minute. Rinse out your mouth with clean water. Use a mirror to see which part of your mouth has been stained. What does this tell you about clean your teeth are?
3. Make a chart to show ways we can prevent tooth decay and display it in your classroom.

**EXERCISES**

1. Answer the following questions.
  - a) What is the fuel for the human body?
  - b) What is the name of the tiny parts that make up the human body?
  - c) How many bones make up the human skeleton?
  - d) How many muscles are there in the body?
  - e) What is the work of the heart?
  - f) What does digestion mean?
  - g) What type of cells are found in the brain?

2. Match the part of the body to the function that it performs.

Part of the body	Function
skeleton	pumps blood around the body
stomach	controls all the parts of the body
teeth	helps to digest food
lungs	gives the body its shape
heart	used to chew food
brain	provide oxygen to the cells

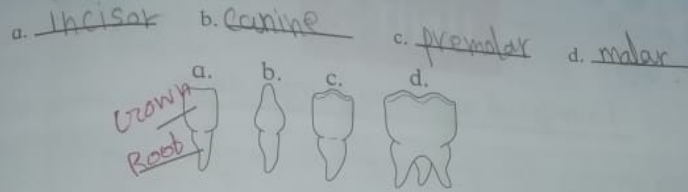


**EXERCISES**

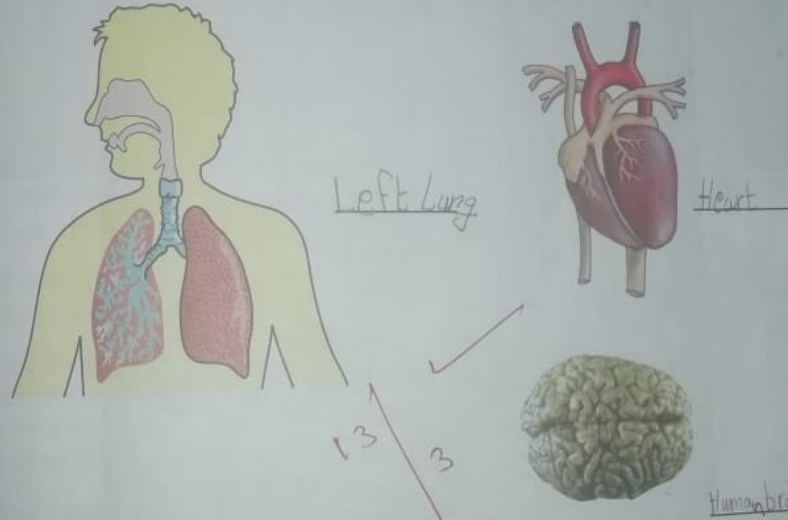
13 March 2020

Friday

3. Label the diagram:



4. Write the names of the following organs:



**Amazing facts:**

- An adult's digestive system is about 10m long.
- On average, it takes one minute for blood to flow right round the body.
- A muscle is made up of thousands or millions of muscle cells arranged in bundles.
- A chameleon can look forwards with one eye and backwards with the other eye at the same time.

G. Science

Day: Monday

Teachers name: Sofia

Unit No 1: "Understanding our bodies"

Reading Pg (1, 2, 3)

Qa)

Ans: Food is the fuel for the human body.

Qb)

Ans: Tiny parts that make up the human body are called 'cells'.

Qc)

Ans: 206 bones make up the human skeleton.

Qd)

Ans: There are more than 600 muscles in the body.

Qe)

Ans: The hearts pump blood to all the different parts of the body.

Q

Day: Wednesday

Reading (5, 6)